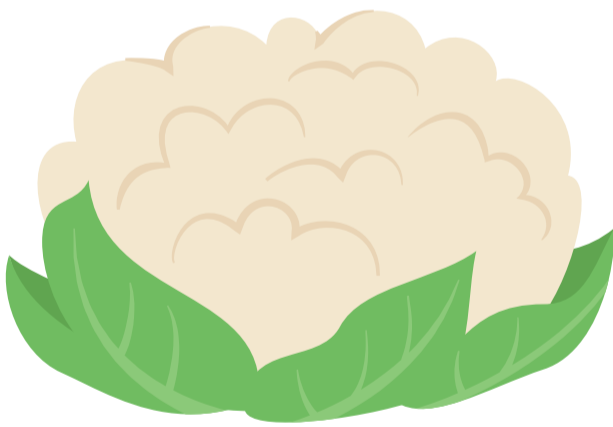


MARYOOL



BOWLS

DAILY

DAHL & RICE (vegan)

Yellow lentil porridge, spinach, basmati, cucumber turmeric raita with poppodum

DAILY

RICE & CHICKEN PILAU

Fragrant basmati rice, baked with boneless chicken cutlets and spices, side of raita

DAILY

TODAY'S FATTEH

or Chickpea
or Eggplant / - vegetarian

MON.

SHEESH BARAK

Crispy beef dumplings, minted yoghurt sauce, zhoug, sumac, served with roasted bone marrow & vermicelli rice

TUES.

BEMYE

Vegan okra stew, crispy garlic, coriander, chili, served with vermicelli rice

WED.

MOULOUKHIEH

Mallow stew, tender chicken breast, coriander, lentil crackers, served with vermicelli rice

THURS.

KEBBE BI LABAN

Simmered yoghurt soup, beef kebbe, croutons & roasted bone marrow

FRI.

SIYYEDIEH

Caramelized onion rice, boneless sea bream, tahini gravy, crispy onions, preserved lemon sauce, crushed nuts

SAT.

MOGHRABIEH

Pearl couscous, roast chicken thigh, braised beef, moghrabieh gravy, caramelized onion, orange zest

SALATA

LENTIL TABBOULE (vegan)

Lentils, pomegranate, parsley, sumac-lemon vinaigrette

SALATIT الحقة (vegan)

Bakle, wild arugula, tomato & cucumber, citrus vinaigrette

CHOPPED SALAD سلطة الفلاحين (vegan)

Tiny tomatoes, cucumbers & radishes, citrus sumac dressing

SALATIT SHMANDAR

Roasted beetroot salad, whipped feta dressing

TACOS

BEEF SHAWARMA TACO

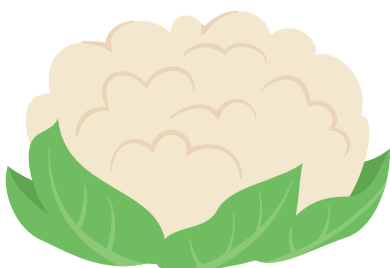
Ribeye strips, tomato, mild sriracha tahini

LOS POLLOS HERMANOS TACO

Chicken strips, pickles, mild sriracha tahini

SAUCES & DIPS

RAITA TURMERIC / MISO TAHINI /
WHITE TARATOR / MAGIC SAUCE /
ZHOUG / KHIAR BI LABAN



GRILLED SMALL PLATES

GRILLED CHICKEN SANDWICH

Chicken strips, pickles, garlic & magic sauce on tannour bread

BEEF SHAWARMA SANDWICH

Marinated rib eye strips, pickles, tarator & fresh tomato on tannour bread

KEBBET MOSUL / per piece

Grilled Iraqi-style flat beef kebbe, herb filling, cucumber yoghurt side

SMALL PLATES

MSABBAHA مسبحة (vegan)

Hummus "swimming" in whole chickpeas & tahini sauce

MUTABAL BATENJEN

Eggplant, tahini, fresh pomegranate & tomato

HUMMUS & TOPPINGS

Classic (vegan)

Chorizo

Portobello (vegan)

Makanek

Merguez

MAKANEK

Armenian spiced baby sausage, pomegranate & lemon

MANTI

Beef dumplings, confit tomato sauce, yoghurt dressing, coriander, sumac

BURGHUL BIL BANADOURA (can be vegan)

Bulgur wheat pilaf in tomato sauce, roasted courgettes, cucumber yoghurt side

ZALOOUK (can be vegan)

Moroccan-style charred eggplant dip, dollop of labne

HERRAK ESSBAO (vegan)

Lentils & tiny dumplings

CAULIFLOWER STEAK (vegan)

Roasted cauliflower steak, miso tahini

HENDBE & KALE (vegan)

Crispy shallots

BREADS

ARABIC BREAD

TANNOUR

SWEETS

BERRY MUHALLABIYE

Orange-blossom infused velvety pudding, berry coulis & pistachios

SFOUF

Lebanese semolina turmeric muffin with toffee caramel

